

**Tobacco Free Hospital Campus Forum**  
**May 23, 2007 - Meeting Minutes**  
**Denver Health Medical Center, Denver, CO, 12:30 – 1:30pm**

**Attendance list:** *National Jewish Medical and Research Center – Susan Roll, Denver Health Medical Center - Lynn Ercolani, Chris Urbina, Penrose St. Francis – Christine Barrett; St. Joseph's Hospital – Barb Hester, Boulder Community Hospital - Janice Blankenship, Presbyterian St. Luke's – Michelle Dodson, Medical Center of the Rockies – Doug Faus*

Other guests: *American Lung Association of Colorado - Allison Smith*

Conference call: *North Colorado Medical Center – Jody Kepler, Larimer County Health Department - Janna West Kowalski, Maggie Shawcross*

Health Departments/Visiting Nurse Associations: *Tri-County Health Dept. – Sharon Tracey; Jefferson County Health Department– Erin Carroll; Denver Public Health - Tracey Richers Maruyama, Beverly Tafoya-Dominguez. Larimer County Health Department – Nancy Grove, Christy Gastelle,*

Minutes taken by: *Beverly Tafoya-Dominguez*

| <b>Agenda Item</b>                    | <b>Discussion</b>  | <b>Follow-up</b>  |
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| Introductions                         | All attendees gave their name and position, health agency or institution.  |   |
| Hospital policy announcements/updates | <p>National Jewish is soon to become a smoke-free hospital campus. Nationwide there are 14 more hospitals going smoke-free, five in Montgomery won't allow employees who smell of tobacco to return to their jobs. The University of Arkansas proposes to be Tobacco Free by July 29-2008. Beloit and all other Wisconsin hospitals, three Sisters of Charity Providence Hospitals in South Carolina, and three hospitals in the Christiana Care System in Delaware will become smoke free this year. Several hospitals are using November 15, 2007, the date of the Great American Smoke Out to become smoke free including: both hospitals in Lufkins, TX; all Baptist Memorial Health Care facilities, Delta Medical Center, The MED, the Memphis Mental Health Institute, Saint Francis Healthcare, all Memphis-area facilities in the Methodist Le Bonheur Healthcare system, and St. Jude Children's Research Hospital in the counties of Memphis and Shelby Tennessee; and Seton and St. David's Health Care Centers in central Texas. The VA Hospital in Tennessee has participated in the planning process, and has stated that it is very supportive of this change and may join the initiative at a later date. Hospitals in New Hanover, North Carolina are also in the process of becoming Smoke-Free. <b>St. Francis hospital in Denver will become smoke-free on July 25, 2007.</b></p> <p>QuitLine materials and the new CCGC Tobacco Cessation and Secondhand Smoke Exposure Guidelines were available for Forum participants. Beverly Tafoya-Dominguez announced that she is available to help coordinate CCGC trainings for Denver area health care providers.</p> <p>Christy Gastelle of the Larimer County Health Department discussed the success of the smoking cessation conference entitled "Our Patients are Smoking: How to Put Out the</p> | <p>Denver Hospitals can arrange CCGC trainings for their health care providers through Beverly Tafoya- Dominguez at Denver Public Health. She may be reached at 303-436-8211</p> <p>For more information or a copy of the materials, please contact:<br/> Darlene Huang<br/> Program Assistant<br/> Tobacco Free Larimer County</p> |

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|   | <p>Fire”. The Lieutenant Governor of Colorado, Barbara O’Brien launched the training, Dr. Elizabeth Kraft from CCGC discussed the new 5A or 2As and an R method of tobacco intervention for healthcare providers. Dr Elizabeth ‘Libby’ Stuyt, M.D. of the Circle Program at the Colorado Mental Health Institute at Pueblo presented on the neurobiology of addiction and the interaction between the environment and the patient. She presented the case for treating tobacco addiction at the same time and in the same manner as other addictions are treated. Scott Campbell, QuitLine Supervisor discussed the QuitLine, how it works and its effectiveness.</p> <p>A cooperative venture between Weld County, the American Respiratory Therapist’s Association and the Larimer County Health Department, the conference with 140 various healthcare providers from around the state in attendance demonstrated that Colorado is certainly dedicated to helping tobacco users quit. The conference was dedicated to the memory of John Wolf a tobacco control advocate who died earlier this year.</p> <p>Nancy Grove, MPH and Supervisor of the Tobacco Prevention Program of the Larimer County Department of Health and Environment, has received the 2006 "Excellence in Public Health Education Award" from Colorado Society for Public Health Education (COSOPHE). Congratulations, Nancy!</p>   | <p>Larimer County Department of Health and Environment<br/> 1525 Blue Spruce Drive<br/> Fort Collins, CO 80524<br/> 970.498.6718<br/> dhuang@larimer.org</p> |
| <p><b>Presentation-</b><br/> Doug Faus, VP of Operations, Medical Center of the Rockies</p> | <p>The Medical Center of the Rockies opened on February 14, 2007 with a medical office building and a hospital on 91 acres of land in the Poudre Valley near Loveland. Since there is no medical need for patients or employees to smoke, it was decided during the planning stages that the hospital would be smoke-free. They have made an agreement that all current and future buildings will be smoke-free, and have determined that all future leases will include clauses to that effect.</p> <p>The smoke-free status is designated by signs stating that the hospital campus is proud to be smoke free. Since sign clutter is an issue on the campus, the signs are smaller than some would like, but they are posted at each of the five entrances. Table top signs are in the admissions, nursing stations and dining areas. The signs cost between \$3000 and \$4000 and have been the only cash expenditure for the program to date.</p> <p>Although it’s sister agency the Poudre Valley Hospital in Fort Collins is not totally smoke-free, they have ensured the success of their smoke-free policy, by discussing the policy with all staff members and having staff in both facilities sign an acknowledgement of receipt of the smoke-free policy information. New employee orientation also covers the smoke-free campus policy. Employees are disciplined according to the hospital guidelines for infractions and are discouraged from coming into work smelling of smoke. Since employees were not interested in cessation programming, they are only offered information about the QuitLine/QuitNet. The administration solicited the support of the physician leadership from the beginning and this has seemed to make a difference in employee acceptance of the policy.</p> |  |

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|                                       | <p>In terms of patient education, the program will be strengthened, but currently consists of patients being strongly advised to watch an educational video. They are provided with Nicotine Replacement Therapy if the physician orders it.</p> <p>Families and visitors are a challenge, but the administrative staff models how to approach guests who are smoking. Doug suggests that agencies provide a script to the employees and that the hospital leadership provide consistent modeling. He has had good results by simply asking people if they know that the campus is a smoke-free campus. He reports that most smokers will put out their cigarette without protest. If the patient seems unduly stressed, some leeway is granted, but normally it is not a problem. People just agree to put out their cigarettes. He does recommend that other agencies might have their gift shops provide NRT at cost.</p> <p>Cigarette butts have been an extra burden to the cleaning staff, but ashtrays/receptacles have not been considered seriously. He feels that people should come to accept that smoking is not allowed on hospital grounds and that ash/butt receptacles may dilute the message.</p> <p>The hospital plans to send out letters to their neighbors discussing the policy and providing a single contact number to call if there are any problems as recommended by the University of Maryland's website.</p>   |  |
| <p>Questions, Discussion, Wrap-up</p> | <p>Janice Blackenship asked about handling physicians who suggest that quitting smoking is not beneficial to patients under stress. Dr Urbina suggested that NRT would be called for in that instance not tobacco. Mr. Faus suggested that agencies garner the support of the physician leadership prior to instituting the policy.</p> <p>A suggestion was made to change the format of the forum meetings to 1.5-2 hours every other month rather than to meet for 1 hour monthly. This would facilitate participation by agencies outside of the metro area and allow for more in-depth coverage of topics of interest to the forum members. Suggested topics include: Helping psych units become smoke-free, managing "hard-core" smokers, the new tobacco addiction treatment drug Chantix® and determining whether the forum members should support smoke-free or tobacco-free campuses. The group felt that meeting for a longer period of time every other month would be acceptable.</p> <p>This summer, Steven Summer, President and Chief Executive Officer of the Colorado Hospital Association will endorse 100% smoke-free hospitals. Dr. Urbina suggested that perhaps forum members could present about the accomplishments of the TFHF members and discuss with the CHA staff how they can support the efforts of hospitals who have not yet reached smoke-free status or who are resisting the idea. Janna West Kowalski, suggested that the TFHF use this as an organizing opportunity to help rally support for the</p> |  |

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|                   | <p>issue. Doug Faus suggested that the CHA have quality information about the Tobacco-Free vs. Smoke-Free issue. Is it clear that 100% smoke-free extends even to smoking in one's own automobile? Janna West Kowalski, suggests that the intent of the policy is to protect people from secondhand smoke, however the trend is toward tobacco free campuses. Christy Gastelle asked what the change in policy is to accomplish in the long term—protecting others from secondhand smoke or changing of social norms. Christy shared that research studies show that a switch to smoke-free is easier than a switch to tobacco-free.</p> <p>National Jewish Hospital and DPH will be doing an evaluation of this forum. Christy Fred Lamboldt will be leading the effort and has requested assistance from the group members.</p> <p>Scott Williams from the Robert Wood Johnson will exchange survey development information with the group and has invited the forum members to participate in an on-line forum discussing the tobacco-free movement and cessation resources. The forum will have the capacity to add content to the website as well. This is an opportunity as Tracey Richers Maruyama pointed out for Colorado to have a national presence, showcasing the good work being done in this state. She will send out the registration information. Registration is free. Chris Urbina feels that this will foster increased membership and could offer a link to our forum minutes and materials.</p> | <p>Contact Christy Fred Lamboldt at National Jewish Medical and Research Center—<br/>Switchboard No.: 303-388-4461</p> <p>Tracey Richers Maruyama will send registration information for on-line forum to the Colorado Tobacco-Free Hospital Forum members.</p> |
| July Forum –      | <p>Wednesday, July 25, 2007<br/>12:30-2:30</p> <p>Lunch will be provided</p>  |   |
| September Forum – | <p>Wednesday, September 26, 2007<br/>12:30 – 2:30</p> <p>Lunch will be provided</p>   | Need a volunteer to host the meeting in September!  |