

Tobacco Free Hospital Campus Forum

July 25, 2007 - Meeting Minutes

North Colorado Medical Center Greeley, CO, 12:30 – 2:00pm

Attendance list: Pat McNulty-Collins – *North Colorado Medical Center (NCMC)*, Dylan Hockett – *NCMC*, Larry Ulted - *NCMC*, Brenda Disparti – *Memorial Hospital in Colorado Springs*, Nada Elmagbani – *NCMC*, Steve Suter – *NCMC*, Laura Wesenberg – *Longmont United Hospital*, Brenda Crowe – *Exempla Lutheran Hospital*, Colleen Halton – *Exempla Lutheran Hospital*, Bill Horner – *NCMC*, Diane Herrick – *The Children’s Hospital*.

Health Departments/Visiting Nurse Associations: Tracey Richers Maruyama – *Denver Public Health*, Amber Leytem – *Denver Public Health*, Molly Hanson – *Boulder County Public Health*, Joe Fleming – *Weld County Health Department*, Cassie Kauffman- *Weld County Health Department*, Nick Robles – *Boulder County Public Health*, Erin Carrell – *Jefferson County Department of Health and Environment*

Minutes taken by: Amber Leytem

Agenda Item	Discussion	Follow-up
Introductions	All attendees gave their name and position, health agency or institution.	
Hospital Policy Announcements/Updates	<p>Tracey Richers Maruyama gave updates on hospitals around the nation that have gone tobacco-free since the last forum meeting:</p> <ul style="list-style-type: none"> • Mercy Hospital Cadillac in Michigan on July 1, 2007 • Oxford Hospital in Mississippi will go tobacco-free on November 15 as part of Great American Smokeout activities • Rogue Valley Medical Center in Oregon is considering implementing a tobacco-free policy. • The University of Pittsburg Medical Center on July 1, 2007 • Five Metro Detroit Hospitals (Detroit Medical Center, Henry Ford Health System, Oakwood Healthcare System, St. John Health and Beaumont Hospitals) on July 1, 2007. This is part of a statewide initiative by the Michigan Health & Hospital Association to make all hospitals smoke-free by 2008. • Lansing State Hospital in Michigan to go tobacco-free. • Three hospitals in Orlando, Florida to go tobacco-free. • In Sioux Falls, SD – a local hospital posted signs in the yards of surrounding homes and parks discouraging people from going onto these properties to smoke after their campus went tobacco-free. • Cincinnati, OH – The Cleveland Clinic has banned the hiring of smokers. This policy change will take effect January 1, 2008. <p>Locally, the following hospitals have plans to go Tobacco-Free:</p>	

	<ul style="list-style-type: none"> • St. Anthony’s Hospital in Summit County – October 22nd • Montrose Memorial Hospital - Nov. 15th as part of Great American Smokeout activities • Exempla St. Joseph Hospital in Denver – January 1, 2008 	
<p>Dr. Elizabeth Kraft Colorado Clinical Guidelines Collaborative</p>	<p>Dr. Elizabeth Kraft presented on Implementing Tobacco Cessation In Your Hospital Department Using a TRIA (Tobacco Rapid Improvement Activity). This presentation focused on addressing tobacco cessation in a clinical setting through a systematic approach. Dr. Kraft covered what has shown to be most effective in addressing tobacco cessation with patients, offered effective tools for clinicians to utilize, and addressed barriers to implementing change. Dr. Kraft and other contractors with the Colorado Clinical Guidelines Collaborative are available to come to your hospital/clinic to conduct a Tobacco Rapid Improvement Activity through which staff will learn the best approach in address tobacco cessation with your patients.</p> <p>Discussion following Dr. Kraft’s presentation:</p> <p>Molly Hanson referenced the Tobacco RIA Staff Role Suggestion document and asked if there is any discussion regarding creating a similar form specific for hospitals to utilize. Dianne Herrick commented that a website to provide assistance to hospitals in enhancing their current tobacco policy is currently in development and should be available soon.</p> <p>Pat McNulty-Collins asked where you could get more copies of the CCGC Guideline for Tobacco Cessation and Secondhand Smoke Exposure. Laminated copies of the guidelines are available for free through the State Tobacco Education and Prevention Partnership (STEPP) distribution center. In addition to Tobacco Cessation and Secondhand Smoke, all other guidelines are available through CCGC’s website, www.coloradoguidelines.org.</p>	<p>Dr. Kraft's Powerpoint presentation http://www.dath.org/hospitals.html</p> <p>To schedule a TRIA or for more information, visit www.coloradoguidelines.org/tobacco or contact tobaccoinfo@coloradoguidelines.org.</p> <p>Materials may be ordered through www.stepitems.com.</p>
<p>Open Dialog, Questions, and Comments</p>	<p>Dianne Herrick reported that the July 2nd implementation of The Children’s Hospital’s tobacco-free policy went smoothly. A total of 3 employees immediately requested Nicotine Replacement Therapy (NRT); however no family members of patients have yet requested NRT. Security reports of policy violations have been minor and no employee has been reported. Enforcement has proven to be a non-issue.</p>	

North Colorado Medical Center:

Larry Ulted commented that enforcement of the Tobacco-Free Policy was addressed not as a security issue but as a facility issue, with staff from each building being responsible for their own area. He reported no major incidents of violation, although some cigarette butts have been found on the sidewalks. He stated that the transition has been “quite remarkable”. Steve Suter noted that they have received a few complaints from residential neighbors regarding drifting smoke (less than 5 thus far) after which employees have been asked to be respectful of the neighbors. He shared an observation of the valet parking attendant asking a smoking visitor to take the smoking out to the street. He said that the visitor’s response was fine and he did so. Bill Horner recommended that programs implementing a tobacco-free policy anticipate a period of a learning curve and to try and contain smokers that have not expressed any interest in quitting.

Dianne Herrick from The Children’s Hospital noted they emphasized the public health message of going smoke-free to employees which seemed to increase buy-in to the new policy. She said employees also appreciated the scripted messages provided for their use.

Joe Fleming commented he was impressed with the number of committees (5) that actively worked on various tasks related to NCMC’s going tobacco-free.

Brenda Crowe commented they are planning on going smoke-free in January 2008 and wondered about how other programs have dealt with smoking patients. Dianne Herrick responded by saying the Children’s Hospital does not allow patients to smoke. She recognized that there is a different focus at Children’s because parents are not the patients. There is a focus on secondhand smoke exposure if parents are not ready to quit and staff makes referrals to the Colorado QuitLine if they are ready to quit. Pat McNulty-Collins responded by saying they had toyed with the idea of healthcare providers writing prescriptions for patient’s to smoke. After disregarding this idea, they enlisted the help of a physician champion to meet with all of the departments to rally support for the Tobacco-Free Policy with no exceptions to the policy. This allowed physicians to defer to hospital-wide policy when questioned by patients versus having to take individual responsibility over which patients could or could not smoke. All employees were provided with scripted messages to utilize with patients. If a patient absolutely needed to go outside to smoke, they are able to sign themselves out “against medical advice” and go off of hospital property to

	<p>smoke.</p> <p>Dianne Herrick commented there is a need for increased awareness for NRT with adolescent patients, especially adolescent psychiatric patients.</p> <p>Tracey Richers Maruyama shared that, through a collaborative effort with Fred Wamboldt of National Jewish, they would like to conduct an evaluation of the Tobacco Free Hospitals Forum. The evaluation survey will ask specific questions regarding the experience of going tobacco free. These questions will address patient satisfaction, business ramifications, employee satisfaction, employee response, safety implications, cost to program, neighbor relations, lessons learned, etc.</p>	<p>RSVP to Tracey Richers Maruyama at 303-436-7949 or Tracy.RichersMaruyama@dhha.org if you are interested in helping to plan the evaluation survey</p>
<p>Tobacco Free Psychiatric/Detox Units; Mental Health Toolkit</p>	<p>Tracey Richers Maruyama presented the recently released Mental Health Providers toolkit available through STEPP. The toolkit is a 42-page binder that educates mental health providers about specific guidelines and strategies to use to reduce the burden of tobacco among persons with mental illness. Content areas include an overview of tobacco use and mental illness, assessment and intervention planning, smoking cessation treatment for persons with mental illness, relapse prevention, and local and national tobacco cessation resources.</p> <p>Tracy Richers Maruyama presented a handout containing data that substantiates why there is an increased focus on cessation efforts among persons with mental illness. (Information from presentation by Jeanette Waxmonsky, Ph.D. and Mandy Graves, MPH). The handout also includes published articles addressing smoking bans in psychiatric facilities and highlights from Elizabeth “Libby” Stuyt’s presentation “Understanding the Impact of Tobacco on Recovery: Helping Treatment Professionals Move in Their Stage of Change Regarding Tobacco-Free Substance Abuse Treatment.” Also included is an abstract from Dannie Steeves presentation, “A Tobacco Free Detox. It Can Happen. It Should Happen. It Has Happened.” This was presented at the 13th World Conference on Tobacco or Health held July 12-15, 2006 in Washington, DC.</p>	<p>Visit www.steppitems.com to order your free copy of the Mental Health Provider toolkit.</p>
<p>September Forum –</p>	<p>Wednesday, September 26, 2007 12:30 – 2:30 pm Location: Denver Lunch will be provided</p>	<p>Contact Tracey Richers Maruyama at 303-436-7949 or Tracy.RichersMaruyama@dhha.org if you are interested in hosting the September meeting.</p>

November Forum –	Wednesday, November 28, 2007 12:30 -2:00 pm Location: TBD Lunch will be provided	Contact Tracey Richers Maruyama at 303-436-7949 or Tracy.RichersMaruyama@dhha.org if you are interested in hosting the November meeting.
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