

Tobacco Free Hospital Campus Forum

**September 26, 2007 - Meeting Minutes
Denver Health, Denver, CO, 12:30 – 2:30pm**

Participant list: *North Valley Hospital – June Williams, Shannon Frenzel, Robert Lane; Denver Health Medical Center - Trisha Preisser, Rachel Nicholas, Lynn Ercolani; University of Colorado Hospital – Mark Merritt; National Jewish Medical and Research Center - Fred Wamboldt, Deanna McQuillen; Penrose St. Francis - Kristine Barrett; Presbyterian/St. Luke's Medical Center – Michele Dodson; Memorial Health System – Brenda Disparti*

Guests: *Colorado Clinical Guidelines Collaborative (CCGC) – Elizabeth “Cissy” Kraft, M.D., Allison Long; Colorado Hospital Association – Rick Haugh*

Health Departments/Visiting Nurse Associations: *Boulder County Health Dept.- Nick Robles; Pueblo City and County Health Department – Renee Beauvais; Jefferson County Health Department– Donna Viverette; Weld County – Jody Kugler; Denver Public Health - Amber Leytem, Beverly Tafoya-Dominguez, Shannon Jackson; Montezuma County Health Department; Larimer County Health Department – Christy Gastelle*

Minutes taken by: Beverly Tafoya-Dominguez

Agenda Item	Discussion	Follow-up
Introductions	All attendees gave their name and position, health agency or institution.	
Hospital Policy Announcements/Updates Amber Leytem	<p>Ms. Leytem gave updates on hospitals around the nation that have or will shortly be going tobacco free:</p> <ul style="list-style-type: none"> * Palomar Pomerade Health System, including the locked behavioral health program January 1, 2008 * all Delaware state hospitals and nursing homes November 15, 2007 * Lancaster, Meadville and Hamot Medical Centers in Pennsylvania August 1, August 6, and November 15, 2007 respectively will begin implementing a campus wide tobacco free policy. * Bozeman Deaconess Hospital, Bozeman MT, will implement a tobacco free campus and tobacco odor free employee policy August 1, 2007 * Orange Medical Center, Goshen, NY, beginning August 6, 2007 will prohibit employees from smoking during the work day including breaks taken off hospital grounds. Complaints from neighbors and city officials about SHS and litter resulted in the policy to ban smoking during work hours. * Makinac Straights Hospital and Health Center, September 1, 2007 * Michigan passed a law regarding all hospitals in Michigan be tobacco free by January 1, 2008 * Saint Francis Medical Center, Grand Island, NE, September 24, 2007 with the exception of the Alcohol and Drug Treatment Center 	

	<p>* Stanford School of Medicine, September 1, 2007 * Southern Ocean County Hospital, Manahawkin NJ, September 24, 07</p> <p>Member announcements included some of the Colorado hospitals that have or will shortly become smoke-free:</p> <ul style="list-style-type: none"> • Saint Anthony Hospital, Summit County—October 22, 2007 • Exempla Lutheran Medical Center, Wheat Ridge—July 4, 2008 • Memorial Health System, Colorado Springs—January 1, 2008 • Penrose St. Francis Health Services, Colorado Springs—Aug. 8, 2008 	
<p>Tobacco-Free Hospitals Evaluation Project Update</p> <p>Dr. Fred Wamboldt and Deanna McQuillen, National Jewish Medical Center</p>	<p>Dr. Wamboldt and Deanna McQuillen asked STEPP to approve an evaluation of the Tobacco-Free Hospitals forum as many health care agencies still have questions and concerns about the process. This evaluation will help to formalize the process and collect data in a systematic manner to help resolve many of the questions and concerns expressed. The evaluation project team met and brainstormed a list of proposed questions that are to be asked of key informants and formulated into a survey. The evaluation will include questions related to patient satisfaction, employee related concerns, and institutional concerns such as safety implications, perceived success, and neighborhood relations. The evaluation will require both qualitative and quantitative data which will be pooled in such a way that individual agencies will not be able to be identified. We are hoping to publish the ensuing results so that other agencies can access the data and utilize it to further their efforts in becoming tobacco free. The TFHF Evaluation Planning meeting will next meet on the third Wednesday of October from 12:30 -2:00 at National Jewish Medical Center.</p> <p>Some discussion occurred about the cultural/social norm we are trying to change with the new policies. Designated smoking areas are seen as interfering with this effort. Several hospitals do have policies limiting smoking to designated smoking areas, and the discussion bridged to one about how to implement a full campus smoking ban. In Greeley they have a tobacco free campus policy and an policy requiring that employees do not use strong perfumes or smell of smoke.</p>	<p>All: Refer to handout, attend meeting or provide feedback to Dr. Wamboldt, Ms McQuillen or Ms. Richers Maruyama.</p> <p>Tracey Richers Maruyama 303-436-7949</p>
<p>Respiratory Care Month and Smoking Cessation Efforts at Denver Health M.C.</p> <p>Trisha Preisser and Rachel Nicholas,</p>	<p>The respiratory care team considers their services in helping address tobacco use disorder as a quality of care issue. Since 2006 patients have been routinely screened for tobacco use. Of the more than 4,000 patients screened, 61% hadn't used tobacco in the past six months and of those screened by Respiratory Care staff, 35% were non-smokers. Patient care follows the Ask, Advise, Refer guidelines recommended by Colorado Clinical Guidelines Collaborative (CCGC). Patient education includes materials from the American Lung Association of Colorado about general tobacco knowledge, COPD, the effects of smoking, the</p>	

<p>DHHA</p>	<p>changes that occur when patients quit and quit tips for the patient and family. The patients and families are also referred to the Colorado QuitLine. Current studies show that 41% of those diagnosed with respiratory problems lacked knowledge of the connection between tobacco and their respiratory related health problems. Referrals to and participation in the QuitLine program are being tracked.</p> <p>During Respiratory Care Month from Oct 2-26, 2007 the Respiratory Care Team will offer lung function tests at the “Butt Hut” and Main Lobby to encourage clients and staff to quit smoking.</p> <p>Using “teachable moments” such as during nebulizer treatments, to provide tobacco intervention was recommended.</p>	
<p>Helping Tobacco Using Employees Access Cessation Resources as Part of the Tobacco-Free Campus Process</p> <p>Donna Viverette Jefferson County Health Department.</p>	<p>Ms. Viverette gave an overview of the Exempla Lutheran Medical Center’s Tobacco-Free Campus Plan to become tobacco-free in July 2008. Lessons learned by other organizations who have been through the process influenced ELMC to address the issue of providing cessation information and resources to employees by providing access to information and resources, but not allocating resources to on-site tobacco cessation programs.</p> <p>ELMC is planning to provide:</p> <ul style="list-style-type: none"> •QuitLine and other promotional materials and posters in both staff break areas and public areas. •Incentive-based “Quit Challenges” •On-site “Getting Ready to Quit” brown-bag lunch presentations •Monthly staff communiqués with health messages celebrating quitting and decreasing secondhand smoke exposure •Plans to increase insurance coverage of cessation benefits including covering Chantix ® •Nicotine patches/lozenges available to staff during initial implementation phase. •Staff training on the Colorado Clinical Guidelines Collaborative Tobacco Disorder Guidelines •Electronic medical records providing prompts for providers to address tobacco use and secondhand smoke exposure. 	
<p>Next Forum— Nov. 28th, 2007 12:30 – 2:00 Light lunch provided</p>	<p>Denver Health Medical Center – Rita Bass EMS Training and Education Inst. 190 W 6th Ave., Denver, CO 80204 (6th Avenue and Bannock St. are cross streets) Tokens will be given for those who park in the South long, rectangular lot Free and metered parking on the surrounding streets.</p>	<p>RSVP to Tracey by Monday Nov. 26th. Tracey.richersmaruyama@dhha.org 303-436-7949</p>