

Success Story:

Nathan Sadorus, PCH/Xray

My name is Nathan Sadorus and I have worked in Radiology at PCH for five years. I have been a smoker since the age of 18. I am 28 now and did not think I would ever kick the habit. I noticed that the hospital system was going Tobacco Free and realized that it would be good timing to try to quit. Also, I became a father and decided that I did not want to smoke around my child and wanted to be a good role model to him.

Then, I talked to my doctor about an alternative and he turned me onto Wellbutrin. I tried that and it did not work. Then, in a last gasp effort, I tried the new quit smoking drug, Chantix. At first, I did not know Chantix was working but as the days went by my craving for nicotine became less and less. By mid second week, I quit and started working out regularly in the PH Wellness Center. I quit for myself but without Chantix I would still be smoking with little hope today. My family including my Mom, my sister, brother, and wife are amazed. Even though he is too young to admit it, my son Isaiah appreciates it, also.