

TOBACCO FREE CAMPUS PLANNING

HOW TO SET UP A PROGRAM:

- Secure administrative budget
- Garner employee involvement and input
- Set a start and finish date
- Revise the HR policy for smoking, dress code (scent of smoke)
- Provide guidance for smoking employees
- Provide NRT (nicotine replacement) for smoking employees
- Encourage using a wellness program
- Obtain Medical Staff support
- Involve Marketing to release internal and external news
- Display signage
- Enforce

DECISIONS TO BE MADE:

- Does the full campus include cars?
- If not full campus, how many feet from the doors?
- Get rid of smoking huts (against the indoor smoking act)
- Get rid of all cigarette disposals near doors
- Is there a policy about violations and how strict?
- Who enforces this policy? Security, management, all employees?
- Set up a hotline to "turn someone in" anonymously?
- Must have scripting for security and all employees to use
- Encourage the Colorado Hospital Association to support this initiative
- If hospital does not own all property, work with physician offices and others to support and enforce.

PROBLEMS TO EXPECT: *not an immediate effect, will take time*

Employee violators the worst-- Not clocking out

Too many/too long breaks

Trespassing on other properties to smoke

Going to the car, not visible, far distance

Have a coordinator? Too many people involved causes cracks to form

If employees enforce employees, can be issues, may have management

enforce employees using hotline information, employees enforce patients

and visitors along with security

What if management smokes on campus?

What about patients who demand to smoke?

How much enforcement for visitors who refuse to "put it out"?

Who will clean the perimeter of the facility to keep butts absent?

Threats to quit are useless if all facilities are going campus free.

FACILITIES SMOKE FREE OR GOING SMOKE FREE:

SMOKE FREE--

McKee Medical Center

Medical Center of the Rockies

Porter Adventist

Childrens Hospital

Estes Park Medical Center

Yampa Valley, Steamboat Springs

Good Samaritan Exempla

Poudre Valley Hospital

Platte Valley Medical Center

GOING SMOKE FREE—

National Jewish

N. Colorado Medical Center

Montrose Memorial Hospital

Boulder Community Hospital

St Joseph, Exempla

Lutheran, Exempla

Denver Health