

Tobacco Free Campus

Part II

Management Training For Patients and Visitors

No tobacco products allowed...

- This includes cigarettes, cigars, pipe, chew, and herbal products.
- Patients and visitors will be notified of this new policy in a number of ways...
 - Newspaper and radio media
 - New signage surrounding all hospital owned facilities
 - Patient Guest Book
 - Admission assessment
 - Gentle reminder cards
 - Order Set

Newspaper and Radio Announcements

- A news release will be sent to the Times- Call and other local papers.
- All LUH ads have had a blurb about the tobacco free campus date since November.
- Radio station KGUD, here in Longmont, will be running 3 PSA's per day for the next month, about the tobacco free campus
- There's also the possibility of running a PSA on Comcast channel 3.

New Signs

- Posters, counter top signs and table tops have been in place since November, 2007
- New signs will be posted at all entrances on February 14, 2008
- All “butt huts” and ash receptacles will be removed by Feb 14, 2008
- It will be the responsibility of all LUH employees to gently remind visitors of the “no tobacco” policy

Gentle reminder cards...

- Gentle reminder cards will be delivered to all managers and will be up to you to make these cards available to all of your staff.
- They are simple cards which read:
 - For the love of life... *Tobacco Free*
For your health and the health of others, Longmont United Hospital, clinics, entire campus and all grounds are *Tobacco Free*.

Guest Book

- LUH Guest Books will have a sticker placed to notify patients and visitors of the tobacco free policy which will state:
 - For the Love of Life... *Tobacco Free*
Longmont United Hospital is a Tobacco Free Campus. This means no smoking or chewing anywhere on our grounds or parking lots. Thank you so much for respecting our policy. Ask us how we can help you and your family get through your visit.

Admission Assessment

- All patients must go through an admission assessment. JACHO demands we ask questions concerning tobacco use.
- This is another time to notify patient and family of the “no tobacco policy”.
- Starting an order set for those patients concerned with having withdrawal symptoms is an option.
- LUH support for the community includes:
 - Giving a tobacco free packet- similar to the employee packet- to those interested in quitting
 - Referring to the LUH tobacco cessation program
 - A one-hour consultation to discuss the tools needed to quit
 - A 4-week class involving a quit plan
 - A referral to the Quitline/Quitnet

Order Set

- An Order Set has been designed to get a patient through their visit.
- This includes an option for patch or gum use. Also, a choice to start Bupropion –an anti-depressant, is available.
- Reminder– this is about getting through the hospital visit, not making them quit.
- Chantix is not an option because it is part of a quit plan. If they are currently using Chantix, we should be able to help them continue their goal by keeping Chantix as part of their medicine list.

For Visitors

- Nicotine gum can be purchased in the gift shop.
- Flyers are available in all the educational brochure holders throughout the facility, offering LUH, Boulder County, and Quitline/Quitnet cessation support.
- Any visitor is welcome to call the Patient Educator (x-5123) for help.

For difficult patients/visitors...

- Use gentle reminder cards
- Call for help from Jerry-security or Mary-safety
- A reminder that any upset patient wishing to leave, follows the same rules as leaving “Against Medical Advice”.
- Absolutely no patient will be allowed to step out to smoke, or AMA is in force.
- Patients may be reminded that part of their “patient rights” are to follow the rules.
- Absolutely no orders may be written to allow smoking or chewing as exceptions.
- Please re-enforce with staff that there are NO exceptions.