

Getting Through Your Work-Shift Without Tobacco Workshops,
for employees who are not ready to quit using tobacco, but who
would like support in working with the new tobacco free policy.



Workshops are free.
Learn new approaches to tobacco use.
Create a plan tailored for you.

Contact Eileen Duin at 303.436.7723 to
schedule a workshop at your clinic.

Date	Time	Pavilion	Room
Tuesday, 10/14	6:00 p.m.	C	Osler
Wednesday, 10/22	12:00 p.m.	C	Osler
Thursday, 10/23	12:00 p.m.	990 Bannock	231
Monday, 10/27	3:30 p.m.	C	Nightingale
Friday, 11/7	3:30 p.m.	C	Nightingale
Tuesday, 11/11	7:30 a.m.	C	Osler
Wednesday, 11/12	6:30 p.m.	C	Nightingale
Monday, 11/17	11:30 a.m.	C	Osler
Wednesday, 11/19	7:30 a.m.	H	333
Thursday, 11/20	11:30 a.m.	C	Osler
Thursday, 11/20	6:00 p.m.	C	Nightingale
Tuesday, 11/25	3:30 p.m.	C	Osler
Friday, 12/5	7:30 a.m.	C	Sabin
Wednesday, 12/10	3:30 p.m.	H	Library
Thursday, 12/18	6:00 p.m.	C	Nightingale



Level One Care for ALL