

Tobacco Free Times

Volume 1, Issue 4

October 2007

SAVE the DATE

- Next DATH meeting will be Dec. 6th, at 11:30 a.m. to 1p.m.
- Contact John at (303) 436-7902 for more information and to RSVP
- Parking is free and lunch will be provided

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The purpose of the Denver Alliance on Tobacco and Health is to rally communities disparately affected by tobacco to reduce tobacco-related illness in Denver County.

Juana Rosa came to CTEPA in 2005 from the Latino/a Research & Policy Center at the University of Colorado. She has an extensive tobacco background as Education Coordinator for the Hispanic/Latino Secondhand Smoke Education Project, where Juana Rosa conducted community outreach to raise awareness about the disproportionate secondhand smoke exposure rates suffered by Latinos in the workplace. This project resulted in a media campaign that was among the first to target Latinos in Colorado.



Juana Rosa Cavero
Policy Manager at Colorado
Tobacco Education & Prevention
Alliance

Ms. Cavero will address youth access to tobacco products at the next DATH meeting scheduled for December 6th at Denver Public Health.

Up and Coming Community Events

- October 6th at 9:30am to 3:30pm there will be a conference on health open to the public at Rachel B. Noel Middle School located at 5290 Kittredge Street in Montbello
- October 20, Health and Wellness Celebration Pow Wow, will be held at Brady Exploration School located at 5290 W. Ohio Avenue in Lakewood call 303.325.3377 for details



Tobacco and Mental Health

“You Can Quit”

Is a stop smoking
Program created
By the American
Cancer Society

Call 303.436.7934
ask for Amber to
get more details

Youth access
Will be the
topic at the
next DATH
Training

Dec. 20th
For details
(303)436.7902
Ask for Johnn

Training is
free and meals
are provided.

Call (303)
436.7934

Ask for Amber
to schedule a
class!

On September 20th Dr. Jeanette Waxmonsky and Mandy Graves, MPH of the University of Colorado at Denver and Health Science Center presented information on mental illness and smoking.

The presentation addressed the psychological predisposition of persons with mental illness to smoking, they also address barriers to tobacco intervention and provided treatment recommendations.

You can obtain a copy of this presentation by contacting Dr. Waxmonsky at E-mail:jeanette.waxmonsky@uchsc.edu

Also, recently release is the “Mental Health Provider Toolkit” which is a 42-page binder that educates mental health providers about specific guidelines and strategies to use to reduce the burden of tobacco among persons with mental illness. Order your free copy of this toolkit through www.steppitem.com.



Healthcare Provider Training Now Available!

Is your healthcare practice looking for a training that will result in improved care and efficiency for patients and have received enthusiastic reviews from physician office personnel? If so, a free training is now available for you! The Colorado Clinical Guidelines Collaborative (CCGC) is working with practices across Colorado to assist in using the Tobacco Cessation and Secondhand Smoke Exposure Guideline and the QuitLine to improve practice systems. An hour-long Tobacco Rapid Improvement Activity (TRIA) will be brought to your clinic by a CCGC facilitator which will include breakfast or lunch for your staff. If you are interested in more information or would like to schedule a TRIA, contact Amber Leytem at 303.436.7934 or email her at Amber.Leytem@dhha.org.

SAVE THE DATE!



Don't Miss Montbello & Green Valley Ranch's



**OUR Health
matters**

SECOND ANNUAL Community Health & Information Expo

FREE and open to Montbello and Green Valley Ranch families and friends, please join us for this unique opportunity to strengthen family ties and safeguard your family's health in a fun, educational and empowering environment that encourages dialogue and proactivity to tackle the health issues facing our community.

For more information
or to register – call

303-671-0499

or visit www.montbellogvr.com

TODAY!

FREE childcare available

**Saturday,
October 6, 2007
9:30 a.m. – 3:30 p.m.**

**Rachel B. Noel
Middle School
5290 Kittredge Street
Denver, CO 80239**



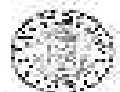
Featuring:

Denver, CO-based stand-up comedian **Sam Adams** and his clean and clever brand of humor

**Food • Fun • Workshops
Health Screenings
Exhibits • Immunizations*
Door Prizes • And More!**

**For children from local middle and elementary schools*

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Colorado Department of
Public Health
and Environment